

## **LOVE DOES TRUST: HOW TO LIVE WORRY FREE**

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**Matthew 6:19-25A** “*Don’t store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. 20 Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. 21 Wherever your treasure is, there the desires of your heart will also be. 22 Your eye is a lamp that provides light for your body. When your eye is good, your whole body is filled with light. 23 But when your eye is bad, your whole body is filled with darkness. And if the light you think you have is actually darkness, how deep that darkness is! 24 No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve both God and money. 25 That is why I tell you not to worry about everyday life....*”

### **I. REMEMBER WHO YOU ARE**

**Matthew 6:25** “*That is why I tell you not to worry about everyday life - whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing?*”

### **II. REMEMBER WHAT YOU CAN DO**

**Matthew 6:26** “*Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are?”*

### **III. REMEMBER WHAT YOU CANNOT DO**

**Matthew 6:27** “*Which of you by taking thought can add one cubit unto his stature?”* (KJV)

**Matthew 6:27** “*Can all your worries add a single moment to your life?”* (NLT)

### **IV. REMEMBER WHAT HAS BEEN GIVEN TO YOU**

**Matthew 6:28-30** “*And why worry about your clothing? Look at the lilies of the field and how they grow. They don’t work or make their clothing, 29 yet Solomon in all his glory was not dressed as beautifully as they are. 30 And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?*”

## V. REMEMBER WHO GOD IS

**Matthew 6:31 “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’”**

**Matthew 6:30B says, “Why do you have so little faith?”**

**Matthew 6:32-33 “These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. 33 Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.”**

**Remember who you are - a child of the living God**

**Remember what you can do - like the sparrows**

**Remember - what you cannot do - add to your life by worry**

**Remember what God has given you - gifts that surpass the limits of the Lilies of the field**

**Remember who God is - the Eternal Father strong to save and satisfy**

**Matthew 6:32-34 “These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. 33 Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. 34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.”**