

“How to Have the Best Christmas Ever: Be Cheerful!”

Greg Wendschlag December 4, 2016

“Do not be afraid. I bring you good news of great joy that will be for all the people. Today in the town of David a Savior has been born to you; He is Christ the Lord.” Luke 2:10-11

Merry Christmas!!

Merry – **cheerful, happy, joyful**

We all want to be happy but not everything that promises happiness actually produces happiness!

“I tried cheering myself with wine, and embracing folly—my mind still guiding me with wisdom. I wanted to see what was good for people to do under the heavens during the few days of their lives.” Ecc. 2:3

1. Being cheerful is **a choice**

“Jesus stopped and said, “Call him.” So they called to the blind man, “Cheer up! On your feet! He’s calling you.” Mark 10:49

- A cheerful attitude is determined by **your will** not **outward circumstances**.

“A cheerful heart has a continual feast.” Prov. 15:15

- Cheerfulness is a **discipline to practice**.

“Rejoice in the Lord always. I will say it again, rejoice!” Phil. 4:4

2. Being cheerful is **good for your soul**...and **your face**.

- Cheerfulness is **healing**.

“A cheerful heart is good medicine” Prov. 17:22

- Cheerfulness is **attractive**.

“A happy heart makes the face cheerful” Prov. 15:13

3. Being cheerful **helps others** to be cheerful.

- Cheerful **words** build others up.

“An anxious heart weighs a man down but a kind word cheers him up.” Prov. 12:25

- **Smiles** are powerful.

“A cheerful look brings joy to the heart.” Prov. 15:30

- Being cheerful makes others cheerful when the **timing** is right.

“There is a time for everything...a time to weep and a time to laugh.” Ecc. 3:4

God is the source of our **Merry Christmas!**

“Moreover, when God gives any man wealth and possessions, and enables him to enjoy them, to accept his lot and be happy in his work – this is a gift of God. He seldom reflects on the days of his life, because God keeps him occupied with gladness of heart.” Ecc. 5:19-20

