

8 Vital Signs of Spiritual Health
Vital Sign 3: Power to Say Yes or No

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Vital Sign 1 – We recognize that the Holy Spirit is with us always and we live in His presence.

Vital Sign 2 – We submit our nature to the Holy Spirit allowing Him to “bear fruit” in us.

Vital Sign 3 – We acknowledge the Holy Spirit has power in us to fulfill His purposes.

The Power to Say Yes to life in the Spirit

1. We receive **power** when we are baptized in the Holy Spirit.

“I baptize you with water, but He will baptize you with the Holy Spirit.” Mark 1:6

2. Speaking in tongues is the **initial physical evidence** that I have been baptized in the Holy Spirit.

- Speaking in tongues or the assumption of speaking in tongues appears each time someone is baptized in the Holy Spirit – Acts 2:4; 8:14-19; 9:17-18/1 Cor. 14:18; 10:44-46; 19:1-7

3. What is the difference between being “**filled** with the Spirit” and “**baptized** in the Spirit”?

- Baptism: to **immerse**, to dip in
- **Outward** Power to be a witness outward
- **Initial** experience

“You will receive power when the Holy Spirit comes upon you and you will be my witnesses...” Acts 1:8

- The Fullness: container **to fill**
- **Inward** Power to grow the fruit of the Spirit
- **Continuous** living

“Do not get drunk on wine, which leads to wickedness. Instead be filled with the Spirit.” Eph. 5:18

4. Speaking or praying in tongues is the only spiritual gift given for **self-edification**.

“He who speaks in a tongue edifies himself...If I pray in a tongue, my spirit prays but my mind is unfruitful...I will pray with my spirit, but I will also pray with my mind...” 1 Cor. 14:4,14-15

- A mystery **language** - 1 Cor. 14:2 - speak mysteries no one but God understands. Unless spoken in the gathering of the church with an interpreter.
- A **sign** to others - Acts. 2:4, 10:46, 19:6, 8:15-19, 9:17-19
- A language **never learned** - Acts 2:6-12
- A **gift** of the Holy Spirit to the church - 1 Cor. 12

5. The Holy Spirit is God who lives in all of His people, all the time, all over the world.

“All this I have spoken to you while still with you. But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. Peace I leave with you; my peace I give you...do not let your hearts be troubled and do not be afraid...” John 14:25-27